



Conference Partners



MEDICA CPD

Medica CPD is a leading provider of high quality continuing professional development in health and well being subjects

ADOLESCENT SUBSTANCE ABUSE 2016

WORKING EFFECTIVELY WITH ADOLESCENTS WITH SUBSTANCE ABUSE ISSUES

A One Day Conference

Thursday 26th May 2016, Aberdeen

Teenagers in the UK are amongst the heaviest alcohol and drug-users in Europe, the consequences of which are wide ranging and include non-attendance and poor attainment at school, poor health, committing crime to support 'habits' and sexual exploitation. In addition to this, many children and young people who live with substance misusing parents and carers are suffering its ill effects.

At this conference, key experts and front line practitioners will update your knowledge and understanding on adolescent substance abuse, evidence based approaches and best practice, so you think in a new way about your work and work more effectively with this population group of young people. The conference will also provide a great opportunity to network with others and gain resources. We do hope you will join us!

Also Announcing

**CHILDREN IN DIFFICULTY:
Understanding & Helping
Young People with Attachment
Insecurity and Complex Trauma**

*A Half Day Training Course,
Friday 27th May 2016, Aberdeen*

Please see www.medicacpd.com for full details of our training course. Discounts available if you wish to book the conference & training course together.

4 Easy Ways to Book

- Online** www.medicacpd.com
- Telephone** 0141 638 4098
- Post** Using the registration form
- Email** Fill in the registration form with Adobe Reader and return with the Submit button, or email to carolyn@medicacpd.com



ADOLESCENT SUBSTANCE ABUSE 2016

WORKING EFFECTIVELY WITH ADOLESCENTS WITH SUBSTANCE ABUSE ISSUES

Who Should Attend?

This conference should be of interest to a wide range of professionals who are facing the challenges of working with this population including those from education, social care, health settings, police, community safety teams, drugs and alcohol teams, local authorities, youth offending teams, probation officers, academics and anyone with an interest in this area.

Conference Details

Date	Thursday 26 th May 2016
Venue	Hilton Aberdeen Treetops, 161 Springfield Rd, Aberdeen AB15 7AQ. Tel. 01224 313377
Time	The conference will commence promptly at 10.00am and finish approximately at 4.30pm Registration will be 9.15 to 10.00am
Cost	£196 + VAT including lunch and refreshments.

How to Register

Book Online	www.medicacpd.com
By Post	To register for this conference, please complete the registration form and return no later than Thursday 19 th May 2016
Telephone	0141 638 4098 / 0141 387 4684
Email	Fill in the registration form with Adobe Reader and return with the Submit button, or email to carolyn@medicacpd.com

It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking, please contact us on the above numbers.



ADOLESCENT SUBSTANCE ABUSE 2016

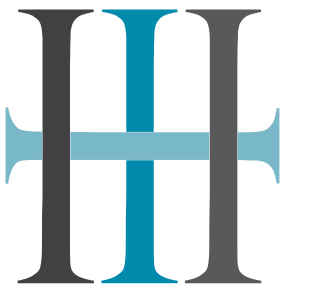
WORKING EFFECTIVELY WITH ADOLESCENTS WITH SUBSTANCE ABUSE ISSUES

Conference Programme

9.15 - 10.00	Registration and Refreshments on Arrival	2.00 - 2.05	Welcome and Introduction from the Conference Chair <i>Neil Hunter (as before)</i>
10.00 - 10.05	Welcome and Introduction from the Conference Chair <i>Neil Hunter, Chief Executive, Scottish Children's Reporter Administration</i>	2.05 - 2.30	An Aberdeen Perspective: Case study and implications for good practice in a community setting. <i>Gillian Maclean, Young Peoples Substance Use Worker, Drugs Action Aberdeen</i>
10.05 - 10.35	Teenage Drugs and Alcohol An overview and what do we know? <i>Andrew Horne, Director of Operations, Addaction Scotland</i>	2.30 - 2.35	Questions
10.35 - 10.40	Questions	2.35 - 3.00	"Alcohol Truth" - Re-thinking Alcohol Education <i>Jane Wilson, Senior Learning & Development Coordinator, Alcohol Focus Scotland</i>
10.40 - 11.05	Attachment, Trauma and Substance Abuse <i>Calum Hendrie, Principal CAMHS Addictions Psychologist, NHS Lanarkshire</i>	3.00 - 3.05	Questions
11.05 - 11.10	Questions	3.05 - 3.20	Refreshment Break
11.10 - 11.35	Refreshment Break	3.20 - 3.45	The Role of Education in Prevention – What can it look like? ▶ Schools ▶ Communities ▶ Challenges for both <i>Heather McVeigh, Scotland Director, Mentor Scotland</i>
11.35 - 12.00	Drugs, Alcohol and Teenage Pregnancy <i>Dr Elizabeth Ellis, Associate Specialist Obstetrician, Special Needs in Pregnancy Service (SNIPS), Princess Royal Maternity & Laura Coltart, Specialist Midwife for Teenage Pregnancies, NHS Greater Glasgow & Clyde</i>	3.45 - 3.50	Questions
12.00 - 12.05	Questions	3.50 - 4.15	Preventing Substance Abuse Through the Schools Intervention programs that work <i>Dominic Ruffy, Resilience Programme Director, Amy Winehouse Foundation</i>
12.05 - 12.30	"A Journey through my Eyes" Working with children whose parents are caught in a world of drugs and alcohol? What helps. <i>Clare Young, Children's Worker, Aberlour Family Outreach Service, Edinburgh</i>	4.15 - 4.30	Questions, Discussion and Closing Remarks
12.30 - 12.35	Questions	4.30	Close
12.35 - 1.00	"Legal Highs" and Lethal Lows ▶ Novel Psycho-active substances and the law ▶ Latest info and issues ▶ Cannabis and illicit Valium use <i>Emma Crawshaw, Chief Executive, Crew</i>		
1.00 - 1.05	Questions		
1.05 - 2.00	Lunch		



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MEDICA CPD

UNDERSTANDING & HELPING YOUNG PEOPLE WITH ATTACHMENT INSECURITY AND COMPLEX TRAUMA

A Half Day Training Course

Friday 27th May 2016, Aberdeen

Course Tutor: Calum Hendrie (CPsychol AFBPsS),
Principal Child & Adolescent Addictions Psychologist,
NHS Lanarkshire CAMHS

This course will provide those working with children and young people with a better understanding of trauma and attachment and how you can apply this learning in your daily practice to best support them.

SAVE MONEY!

Book this training course, 27th May 2016 & our conference on **Adolescent Substance Abuse 2016**, 26th May 2016, Aberdeen, together and receive a discount.

Please see www.medicacpd.com for full details or call the Medica CPD office on 0141 638 4098

4 Easy Ways to Book

- | | |
|------------------|---|
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UNDERSTANDING & HELPING YOUNG PEOPLE WITH ATTACHMENT INSECURITY AND COMPLEX TRAUMA

Who Should Attend?

This course will be invaluable for staff supporting children who have experienced adversity and trauma who work in education, residential care, foster care, social services and health services. Others with an interest are welcome to attend.

How Will You Benefit From This Course?

It can be difficult to navigate how attachment and traumatic experiences interplay to affect young people's current presentation, and how to approach work to best support them. This training course will explain the role of attachment in both the development and protection from difficulties. It will focus on supporting awareness of the key issues and provide direction for practice so that attendees can leave with informed tangible ways of working.

- ▶ Gain an understanding of the role of attachment and complex trauma in the development/protection from later problems.
- ▶ Gain an understanding of the key principles and strategies for working effectively with young people with these difficulties.
- ▶ Develop a greater self awareness and understanding of the challenges and impact of working with attachment insecurity



UNDERSTANDING & HELPING YOUNG PEOPLE WITH ATTACHMENT INSECURITY AND COMPLEX TRAUMA

About the Course Tutor

Calum Hendrie (CPsychol AFBPsS), **Principal Child & Adolescent Addictions Psychologist**, NHS Lanarkshire CAMHS.

Calum is a Chartered and Registered Counselling Psychologist, qualified Gestalt Psychotherapist and an Associate Fellow of the British Psychological Society.

He has over 17 years extensive experience of working with children and young people, adults, families and systems with attachment and trauma issues and complex needs and has been an invited speaker and trainer worldwide on issues relating to attachment, trauma and substance abuse, and working with adolescents with substance abuse issues.

Calum's practice is informed by over 25 years of meditation practice and interest in personal growth, working with trauma, attachment and boundary difficulties, and integrating multiple models of therapy into practice.

Course Details

Date	Friday 27 th May 2016
Venue	Hilton Aberdeen Treetops, 161 Springfield Rd, Aberdeen AB15 7AQ, Tel 01224 313377
Time	The course will commence promptly at 9.15am and finish approximately at 12.30pm Registration will be from 8.45am
Cost	£98 + VAT

How to Register

Book Online	www.medicacpd.com
By Post	To register for this course, please complete the registration form and return no later than Thursday 19 th May 2016
Telephone	0141 638 4098 / 0141 387 4684
Email	Fill in the registration form with Adobe Reader and return with the Submit button, or email to carolyn@medicacpd.com

It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking, please contact us on the above numbers.

REGISTRATION

3 Easy Ways To Register

1/ Register online: Please click [here](#) or go to www.medicacpd.com

2/ Register by telephone: Call us on 0141 638 4098/0141 387 4684

3/ Register by post: Fill in form below, print and post to address at the bottom or email it to carolyn@medicacpd.com



MEDICA CPD

Your details

Please fill in BLOCK CAPITALS or with Adobe Reader (get.adobe.com/uk/reader/) and click Submit to email back

First name

Surname

Job Title

Organisation

Email (required)

Tel

Address

Postcode

Special diets/mobility

Confirmation of your registration and further details will be sent by email. If you would prefer to receive confirmation by post, please tick this box. If you do not receive confirmation of your booking within 10 days please call 0141 638 4098 or email carolyn@medicacpd.com

I wish to attend the following event

Please tick the appropriate box

Adolescent Substance Abuse Conference 2016, 26/05/2016 - £196 + £39.20 = £235.20

Training Course - Trauma and Attachment, 27/05/2016, £98 + £19.60 VAT = £117.60

Discount - I wish to attend the **conference** (26/05/2016) & the **training course** (27/05/2016) together = £264.00 + £52.80 VAT = £316.80 (Must be booked in the same name)

Please call Medica CPD office on 0141 638 4098 for group bookings

How to pay

Please tick the appropriate box. It is the responsibility of the delegate to ensure payment is made prior to attendance of the event

By Cheque I enclose a cheque for the appropriate amount made payable to "Medica CPD Ltd" and send with the form to the address below for the attention of Carolyn Fraser.

By Credit Card Please book online at www.medicacpd.com
(Please note: a small charge of 3.4 % will be added to all credit/debit card charges)

By Invoice Please send invoice to (if different from above)

First name

Surname

Job Title

Organisation

Email (required)

Tel

Address

Postcode

Purchase order number (if relevant)

An invoice will be sent to the appropriate person by email. If you would prefer to receive an invoice by post please tick this box.

Payment due: 30 days from invoice date or before the event date (whichever comes sooner). Confirmation will only be issued when payment of invoices are received in full, early registration is essential for invoices.

Terms and Conditions 1. Your registration constitutes a legally binding agreement, payment must be received before the event. 2. Cancellations must be made in writing. A refund less an administration charge of £25 will be given to cancellations received before **26th March 2016**. After this date the full fee is payable, regardless if the delegate attends or not. Substitutions can be made if we are notified up to 3 days before the event. "No shows" on the day are liable for the registration fee. 3. The organisers reserve the right to change the programme, speakers and venue as required. 4. In the unlikely event that we have to cancel the event we will issue a refund for the registration fee. We are not responsible for any other costs.

Data Protection The personal data that you supply during the registration of this event will be entered into a database and used by the event organisers to manage your registration and attendance. Unless you advise to the contrary, in writing and in advance to the event organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the events. The personal data in the database will be retained by the event organisers unless requested in writing, and may be used to inform you about other appropriate services and events that may be organised in the future.

[Medica CPD Ltd, Suite 23, 1 Spiersbridge Way, Spiersbridge Business Park,](#)

[Thornliebank, Glasgow, G46 8NG](#). Tel: 0141 638 4098

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Keep up to date with our forthcoming events at www.medicacpd.com